

# College Certificate

## First Aid at Work - 3 Days

**Course Dates 2023/24**

### Location

AM2 Centre,  
North Notts College Campus,  
Worksop

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### Times

8.45am to 4.00pm

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### Course Fees

£237.00 Inclusive of Tuition, Course book  
and Certification

### Course Dates For 3 Days

11th - 13th October 2023  
17th - 19th January 2024  
21st - 23rd February 2024  
20th - 23rd March 2024  
17th - 19th April 2024  
15th - 17th May 2024  
19th - 21st June 2024

### Course Overview

This 3-day First aid at work course is suitable for people who might need to provide first aid by responding to a wide range of accidents, injuries and illnesses that they could encounter in their workplace.

### Modules Covered

Learners will develop the first aid skills and confidence to help someone who:

- Is unresponsive and breathing
- Is unresponsive and not breathing, including how to use an automated external defibrillator (aed)
- Is choking
- Is bleeding
- Is suffering from shock
- Has burns
- Feels faint
- Has been poisoned
- Has a head injury
- Has hypothermia or heat exhaustion
- Has an injury to a bone, muscle or joint (including spinal injuries)

Learners will also be able to help a casualty who is having a:

- Seizure
- Heart attack, including the administration of aspirin
- Angina attack
- Stroke
- Asthma attack
- Severe allergic reaction

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### To book your place on the course please contact:

Tel: 01709 513148/01909 504747

Email: [businessstraining@rnngroup.ac.uk](mailto:businessstraining@rnngroup.ac.uk)

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### PLEASE NOTE:

We are able to offer this training course on customer's premises - subject to sufficient numbers.